

IMPORTANT NOTICE - INSTRUCTIONS FOR USE

This leaflet contains important information – Please read carefully and retain for future reference. Contact lenses should always be fitted by an Eye Care Professional.

It is essential that you follow your Eye Care Professional's direction and all labelling instructions for proper use of your contact lenses.

Should the tamper-evident seal be broken, DO NOT use the lens and return to your Eye Care Professional at the earliest opportunity.

Product Description

Rigid Gas Permeable (RGP) contact lenses supplied in a wet state using a multi-purpose soaking solution. This solution has an expiry date of 1 month. If the date has expired, the lenses must be cleaned using a RGP contact lens cleaning solution and then re-soaked in fresh multi-purpose solution before initial use.

Indications for use

Spherical RGP contact lenses

Indicated for the optical correction of refractive ametropia (myopia and hyperopia) in phakic or aphakic persons with up to approximately 0.75 dioptres (D) astigmatism that does not interfere with visual acuity.

Multifocal spherical RGP contact lenses

Indicated for the optical correction of distance and near vision in phakic or aphakic persons with up to 4.00 dioptres (D) of add power and approximately up to 0.75D of astigmatism that does not interfere with visual acuity.

Toric RGP contact lenses

Indicated for the optical correction of refractive ametropia (myopia and hyperopia) in phakic or aphakic persons with astigmatism over 0.75 DC.

Multifocal toric RGP contact lenses

Indicated for the optical correction of distance and near vision in phakic or aphakic persons with up to 4.00 dioptres (D) of add power with astigmatism over 0.75 DC.

ALK, Woodward & McGuire RGP contact lenses

Indicated for the optical correction of refractive ametropia (myopia and hyperopia) in phakic or aphakic persons with non-diseased eyes who require management for keratoconus or other irregular corneas.

Modality

Lenses manufactured from RGP materials have a recommended maximum modality of 12 months wear. Eye Care Professionals should instruct the patient as to the clinically preferred modality of these lenses.

Frequent Replacement/Planned Replacement Wear

When prescribed for Frequent/Planned Replacement Wear, the lens is to be cleaned, rinsed and disinfected each time it is removed from the patient's eye and discarded after the recommended wearing period prescribed by the Eye Care Professional. The lens may be disinfected using a multi-purpose solution recommended by your Eye Care Professional.

Discard Date

Discard lenses manufactured from RGP materials 12 months after opening and wearing or when the expiry date is reached, whichever is sooner.

Storage

If lenses are to be stored past the expiry date of the solution in which the lenses are packaged, the solution must be removed, the lenses cleaned and stored dry up to the expiry date printed on the label.

Contraindications

DO NOT USE the contact lens when any of the following conditions exist:

- Acute and subacute inflammation or infection of the anterior chamber of the eye.
- Any eye disease, injury, or abnormality that affects the cornea, conjunctiva, or eyelids.
- Severe insufficiency of lacrimal secretion (dry eyes).
- Corneal hypoesthesia (reduced corneal sensitivity).
- Any systemic disease that may affect the eye or be exaggerated by wearing contact lenses.
- Allergic reactions of ocular surfaces or adnexa (surrounding tissue) that may be induced or exaggerated by wearing contact lenses or use of contact lens solutions.
- Allergy to any ingredient, such as mercury or Thimerosal, in a solution which is to be used to care for the contact lens.
- Any active corneal infection (bacterial, fungal, or viral).
- If eyes become red or irritated.

Precautions

- Do not allow non-sterile water (i.e. tap-water) to come into contact with the lens or lens cases due to increased risk of microbial infection.
- Swimming or water sports should be performed only when water-tight goggles are worn to prevent contamination due to increased risk of microbial infection.
- Use only those solutions and products

recommended by your Eye Care Professional when cleaning your lenses and cases.

- Do not change the contact lens care system without consulting your Eye Care Professional.
- Do not exceed the wearing time schedule advised by your Eye Care Professional.
- Should your lenses be prescribed on a frequent replacement basis, maintain the replacement schedule and always return for the after-care visits advised by your Eye Care Professional.
- Certain medications may affect your ability to wear contact lenses. Advise your Eye Care Professional of any new or changes to existing medications.
- Do not change to a different lens type or change lens parameters without consulting an Eye Care Professional.
- In the event of redness of the eye, excessive lacrimation, pain or blurring of vision that is not attributable to contaminated lens surfaces, remove your lenses from the eyes and consult your Eye Care Professional as soon as possible.
- Do not expose the lenses to hairsprays, cosmetics and aerosol sprays.
- Do not wear lenses during sleep unless your Eye Care Professional advises to the contrary.
- Contact lenses should be removed immediately after contact with noxious vapour, e.g. chemical of hazardous substances or hazardous environment with ocular impact not included on the IFU.
- If your lenses haven't been worn for a long period of time, follow the solution instructions before use.
- UV filters contained in contact lens materials do not fully protect your eyes from UV radiation and cannot protect the whole eye. Therefore, it is recommended to use sunglasses that are verified as blocking UVA and UVB to give the best protection from the sun.



IMPORTANT NOTICE - INSTRUCTIONS FOR USE

Preparation for Wear

Wash hands with a mild, unscented, non-abrasive soap. Rinse well and dry with a lint-free towel or wipes.

Lens Placement

Always start with the right lens. Inspect the lens, making sure it is clean and undamaged, then rinse with multi-purpose solution. Dry lenses are more susceptible to deposit accumulation, so handle them as little as possible and keep wet with multi-purpose solution. Extend the index and the middle fingers of the right hand and rest the contact lens in the depression between the two fingertips. Fill the lens completely with multi-purpose solution. Using the ring finger of the right hand, pull down the lower lid. Using the middle or index finger of the left hand, pull up the upper lid until the entire colour portion of the eye is exposed.

Look straight ahead with both eyes open and keep your head in a horizontal position. Slowly bring the lens towards the eye. When the wet surface of the lens touches the fluid layer of the eye, there will be an attraction of the lens to the surface of the eye. When the lens has settled in place, release the lids slowly and look down for several seconds. To insert the left lens, repeat the procedure.

Lens Removal

Before removing your RGP lenses, have the following items available:

- Lens storage case
- Recommended cleaning solution
- Recommended multi-purpose solution

We recommend that a case without supporting prongs is used as the prongs can distort the lens. The case should be cleaned regularly using a mild solution or detergent, rinsed thoroughly

and allowed to air-dry before introducing a fresh supply of multi-purpose solution.

Wash hands with a mild, unscented, non-abrasive soap; rinse well and dry with a lint-free towel.

Look down while gently pulling the upper lid up and above the contact lens edge with the index and middle fingers. At the same time, place the index finger of the other hand on the lower lid margin.

Slowly look up and gently push in and down with the two fingers on the upper lid, lifting the contact lens off the cornea. As the lens begins to lift off the eye, push the lower lid margin up and expel the lens from the eye. Note: It is important to have the fingers positioned properly on the lid margins.

RGP lenses can also be removed using a lens removal device. Gently apply the lens remover to the lower portion of the lens while looking straight ahead, or it may be applied to the upper portion of the lens while looking down. The lens is then gently lifted off the eye. (Do not place the lens remover directly on the centre of the lens). When using a lens remover make certain that it is placed directly on the lens and not on the surface of the eye. Accidental application to the surface of the eye will be uncomfortable and could cause injury.

It is important that lenses are cleaned immediately after removal from the eye. See Lens Care instructions.

If you have any difficulty with these placement or removal techniques, your Eye Care Professional may recommend alternative procedures. Always follow your Eye Care Professional's recommen-

Lens Care

Your RGP lenses must be cleaned daily to remove surface deposits and prevent the formation of hard-to remove residues.

Thoroughly clean the lens immediately after removal from the eye by applying several drops of cleaning solution to both lens surfaces, rubbing the lens between the fingers and palm with gentle pressure.

Rinse the lens thoroughly with multi-purpose solution, place it in the storage case, and cover it completely with multi-purpose solution. Close the lens storage case securely to prevent leakage. Repeat the procedure for the opposite lens.

Re-Centring a Displaced Lens

If your lens becomes displaced onto the white of your eye, either during wear or during insertion or removal, you must locate the lens by pulling the lids apart as widely as possible while looking into a mirror.

Once the lens is located, place the index finger of one hand at the upper eyelid margin and the middle finger of the other hand at the margin of the lower lid. Look in the opposite direction of where the lens is located, and pull the lid margins up or down to get them beyond the lens edge. Gently place a lens removal device against the lens and lift it off the eye and re-insert the lens. Under no circumstances should fingernails be used to pry the lens loose or move it back in place.

Alternative methods for re-centring may be suggested by your Eye Care Professional.

Container label definitions

	Base Curve
	Diameter
	Power
	Cylinder Power
	Axis of cylinder
	Device has not been subjected to sterilization process
	Batch Code
	Caution: Refer to instructions
	Lens expiry date (year and month)
	Manufacturer
	Do not use if package is damaged
	Product meets the standards set in the European Medical Device Directive

